

Gallardo & Lamas Periodontics & Implant Dentistry Therapeutic Periodontal Treatment Shown to Improve Patient's Overall Health

Miami Periodontist's Approach to Periodontal Dental Care Can Raise Quality of Life.

Miami, FL ([PRWEB](#)) September 19, 2014 -- Dr. John Paul Gallardo and Dr. William P. Lamas recently introduced Therapeutic Periodontal Treatment to their Miami practice. Routinely at the forefront of cutting-edge oral treatments, [Dr. Gallardo and Dr. Lamas](#) are one of the first dentistry teams in the country to apply the 'total health' approach for diagnosing and treating periodontal disease.

[Periodontal disease](#) is one of the most under-diagnosed and under-treated diseases in the world. The United State's Surgeon General's office reports that periodontal disease affects up to 80% of the American population. "All the scientific evidence is now clearly pointing us to the fact that gum disease is not just an oral problem, but has wide spread systemic implications. We are excited to be helping our patients look at the bigger, whole health picture in addressing this issue," Dr. Gallardo said.

"Through cutting edge research, it is becoming more evident that the inflammatory processes of periodontal disease can have deleterious effects on whole body systems and overall health," said Dr. Lamas. [Infections of the gums](#), especially those untreated can significantly increase the risk for cardiovascular disease, stroke, heart attack, diabetes, Alzheimer's disease, brain abscesses, pre-term birth, and more. Early diagnosis of periodontal disease is therefore vital to a patient's oral health and overall wellness.

Therapeutic Periodontal Treatment is a set of procedures that combine enhanced diagnosis and clinical assessment, as well as salivary diagnostic testing, to ensure the earliest treatment of periodontal disease. Performed in the office, Therapeutic Periodontal Treatment allows Dr. Gallardo and Dr. Lamas to tailor their treatments specifically to each patient's needs.

The Therapeutic Periodontal Treatment approach to dental hygiene gives Dr. Gallardo & Dr. Lamas the tools to advocate for the best possible treatments for their patients. "Dentistry has moved into the direction of total health, and we want to be at the front of this movement. Therapeutic Periodontal Treatment provides our patients with a way to combat the systemic links to periodontal disease," Dr. Lamas explains. It is the goal at Gallardo & Lamas Periodontics & Implant Dentistry to make an integral difference in the quality of life, oral, and total health of their patients.

With almost 40 years of combined experience, Dr. Gallardo and Dr. Lamas are Florida's leading periodontic specialists. Dr. Gallardo is a prolific author and speaker, routinely lecturing on innovative techniques and theories regarding gum disease and dental implants. Dr. Lamas is dedicated to his patients and his profession by teaching and speaking on topics of periodontal disease and its deleterious effects on whole body health, dental implant reconstruction, oral tissue repair and regeneration, minimum invasive surgical intervention and the conceptual future of periodontal and dental implant care.

Those who would like more information on periodontal disease or 'total health' dentistry are encouraged to contact Gallardo and Lamas Periodontics and Implant Dentistry at 305.447.1447. A preventative evaluation can be [scheduled](#) with either Dr. Gallardo or Dr. Lamas. Their comfortable, well-appointed office is conveniently located in the heart of beautiful Miami.

Contact:



Gallardo & Lamas
Periodontics & Implant Dentistry
2020 S.W. 27th Avenue
Miami, Florida 33145
305.447.1447
www.miamiperio.com

**Contact Information**

Drs. John P. Gallardo & William P. Lamas

Gallardo & Lamas Periodontics and Implant Dentistry

<http://www.miamiperio.com/>

+1 (305) 447-1447

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