

PRE-SEDATION INFORMATION

- SHOULD YOU BECOME ILL OR OTHERWISE HAVE TO CANCEL YOUR APPOINTMENT, PLEASE NOTIFY THE OFFICE AT LEAST 72 HOURS IN ADVANCE.
- THE EFFECTS OF SEDATION WILL LAST FOR SEVERAL HOURS SO YOU CANNOT DRIVE YOURSELF THE DAY OF SURGERY. PLEASE MAKE ARRANGEMENTS FOR A FAMILY MEMBER OR FRIEND TO DRIVE YOU HERE AND PICK YOU UP TO TAKE YOU HOME.
- PLEASE DO NOT EAT OR DRINK ANYTHING FOR 8 HOURS BEFORE YOUR APPOINTMENT.
- TAKE HALCION PILL WITH AS LITTLE WATER AS POSSIBLE 1 HOUR BEFORE YOUR APPOINTMENT.
- WEAR A SHORT SLEEVED, BUTTONED DOWN SHIRT AND COMFORTABLE CLOTHING. LADIES ARE REQUESTED TO WEAR A TWO-PIECE OUTFIT (I.E. BLOUSE AND SLACKS)
- IF YOU USE CONTACT LENS WEAR YOUR GLASSES.
- PLEASE CONTINUE ALL DAILY PRESCRIBED MEDICATIONS FROM YOUR PHYSICIAN OR DENTIST UNLESS TOLD TO DISCONTINUE FOR THE PROCEDURE (I.E. ASPIRIN AND ANTI-COAGULANTS)
- PLEASE TURN OFF CELL PHONES AND LEAVE ALL VALUABLES AT HOME.
- PLEASE CONTACT THE OFFICE IF YOU HAVE ANY QUESTIONS 305.447.1447

ANALGESIA, ANESTHESIA AND SEDATION

ADVANCES IN TECHNIQUES AND MEDICATIONS ARE USED TO MAXIMIZE PATIENT COMFORT DURING DENTAL PROCEDURES. THE USE OF ANALGESICS, ANESTHESIA AND SEDATION CAN GREATLY REDUCE OR ELIMINATE DISCOMFORT AND/OR ANXIETY DURING TREATMENT.

ANALGESICS=NON-NARCOTIC ANALGESICS ARE THE MOST COMMONLY USED DRUGS FOR RELIEF OF DISCOMFORT FOLLOWING DENTAL TREATMENT (I.E. IBUPROFEN, ACETAMINOPHEN, ASPIRIN)

NARCOTIC ANALGESICS ACT ON THE CENTRAL NERVOUS SYSTEM TO RELIEVE SEVERE DISCOMFORT.

ANESTHESIA=LOCAL ANESTHESIA PREVENTS DISCOMFORT DURING TREATMENT IN A SPECIFIC AREA OF YOUR MOUTH BY BLOCKING THE NERVES THAT SENSE OR TRANSMIT PAIN.

SEDATION=ANTI-ANXIETY AGENTS OR SEDATIVES CAN HELP YOU RELAX DURING DENTAL PROCEDURES. THEY MAY BE GIVEN BEFORE OR DURING THE DENTAL VISIT AND CAN BE ADMINISTERED AS PILL, LIQUIDS, INHALANTS OR INJECTIONS.

ANTI-ANXIETY AGENTS OR SEDATIVES MAY BE USED WITH LOCAL ANESTHETICS AND PAIN MEDICATIONS TO PROVIDE MAXIMUM COMFORT DURING YOUR PROCEDURE. YOUR DOCTORS HAVE EXTENSIVE TRAINING AND EXPERIENCE WITH THESE TECHNIQUES AND WILL CONSIDER A MULTITUDE OF FACTORS WHEN CHOOSING WHICH MEDICATION IS RIGHT FOR YOU.

POST-SEDATION INFORMATION

- PLEASE TAKE YOUR PRESCRIBED MEDICATION AS SOON AS POSSIBLE AFTER THE PROCEDURE.
- ALCOHOL OR OTHER MOOD-ALTERING DRUGS SHOULD BE AVOIDED. SUCH DRUGS MAY INTERACT WITH THE MEDICATIONS USED FOR SEDATION.
- IT IS IMPORTANT THAT YOU EAT A NUTRITIONALLY ADEQUATE DIET AND GET PLENTY OF REST FOLLOWING THE DENTAL PROCEDURE TO ENHANCE YOUR HEALING PROCESS.
- THE SEDATION CAN AFFECT YOUR RESPONSES FOR THE ENTIRE DAY, THEREFORE YOU ARE CAUTIONED NOT TO DRIVE OR OPERATE MACHINERY UNTIL THE DAY FOLLOWING THE SEDATION.
- IT IS NOT UNUSUAL TO SLEEP A GREAT DEAL FOLLOWING THE SEDATION.
- PLEASE MAKE ARRANGEMENTS FOR SOMEONE TO STAY WITH YOU UNTIL YOU COMPLETELY RECOVER FROM THE SEDATION.
- IF YOU DEVELOP NAUSEA AND VOMITING OR HAVE ANY OTHER COMPLICATION DO NOT HESITATE TO CONTACT THE OFFICE FOR ASSISTANCE.
- **IN CASE OF AN EMERGENCY PLEASE CALL 305.447.1447**

JOHN PAUL GALLARDO, D.D.S., P.A.